

**MONTHLY PROGRAM**  
**Friday Bowral Group**  
**MAY 2026**

**Friday 1<sup>st</sup> May 2026**

**Armchair Travel**

Come and see where we go on armchair travel.

**Friday 8<sup>th</sup> May 2026**

**Tai Chi**

Come and join in with Anthony in doing Tai Chi

**Friday 15<sup>th</sup> May 2026**

**Trains**

Today we will be looking and talking about all thing's trains.

**Friday 22<sup>nd</sup> May 2026**

**Jewellery**

Today we will be having a special guest come and help us in Jewellery making

**Friday 29<sup>th</sup> May 2026**

**Bingo/Trivia.**

Today we will be playing bingo, as well as testing our brains on some trivia and puzzles, please bring a prize for the bingo basket.

**A lovely morning tea and delicious, nutritious two**

**Course lunch is served each day**

**For Fun & Friendship**

## **WHISTLEBLOWER DISCLOSURE**

This guide is designed to help you, as a client of Wingecarribee Adult Day Care Centres or your representative understand how to safely and confidently report serious concerns or misconduct under the Whistleblower Protections in the Aged Care Act 2024.

You have the right to speak up if you see or experience something that seems wrong—and to do so safely, confidentially, and without fear of negative consequences.

We are committed to providing safe, high-quality care. **We welcome and encourage all feedback** so we can take action to protect your safety and improve services. If you tell us something that may be a breach of the law, it may qualify as a protected disclosure. This means special rules apply to protect your identity and your right to speak up.

### ***What is a Whistleblower Disclosure?***

A whistleblower disclosure is when you report something you reasonably believe may be misconduct or serious wrongdoing. This could include:

- Unsafe or poor-quality care
- Neglect or abuse
- Fraud, dishonesty or serious breaches of the law
- Conduct that does not meet the standards of the Aged Care Act 2024

You do not need to have proof –just a genuine concern based on what you have seen or experienced.

### ***Do you want it handled as a Whistleblower Disclosure or a Complaint?***

You have a choice. When you raise a concern, you can tell us whether you would like it to be handled:

- As a protected whistleblower disclosure –if the issue involves serious wrongdoing or a suspected breach of law and you wish to seek protections under the Aged Care Act 2024, we will treat it through our whistleblower system
- As a complaint –if you are unhappy with something, such as service delays, communication or billing issues, you can use our regular complaints and feedback process.

If you're unsure which to choose, we can help you understand the differences. If you start with one process but change your mind, we can transfer it to the other with your consent.

### ***You can make a whistleblower disclosure to any of the following people:***

- A staff member, volunteer or Board Member of Wingecarribee Adult Day Centres
- The Aged Care Quality and Safety Commission on 1800 951 822
- The Department of Health, Disability and Ageing
- An independent aged care advocate (call OPAN on 1800 700 600 or visit [opan.org.au](http://opan.org.au))
- A Police officer

### ***How to make a Whistleblower Disclosure?***

- In person (eg to a staff member or volunteer of Wingecarribee Adult Day Care Centres)
- By phone
- In writing (email or letter)
- Anonymously (you do not need to give your name)

At all times, your information will be kept private and only shared if it is legally required to protect someone's safety or investigate a serious issue. We will keep you informed wherever possible while we investigate or manage the issue.